

Deborah and Barak

Session 6



TWEEN MINSITRY
5TH - 6TH GRADE

Hello Everyone,

We hope you had an awesome week. That was a great Good Friday and Resurrection Sunday service. It was nice to see a new Tween last Sunday. Always great discussion. This weeks lesson “**Deborah and Barak**” is found in the Book of Judges and lays out for the reader a consistent cycle of sin, repentance, and rescue. We travel back in time from the New to the Old Testament roughly 1,100 years.

Here are this week’s random questions:

1. **Question 370: How are you quirky? I overthink everything!**
2. **Question 841: What is your favorite thing to BBQ? Beef Kabobs!**
3. **Question 1312: Have you ever been canoeing/kayaking? Does whitewater rafting count? haha**

Bible Passage: Judges 4-5

Memory Verse: Ephesians 2:8-9

⁸ For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—⁹ not by works, so that no one can boast.

Bible Verse: Psalm 119:34

³⁴ Give me understanding, so that I may keep your law and obey it with all my heart.

Text Truth: *Good leaders trust and obey God’s commands.*

Bible Skills Spotlight: Names all the books of the Old Testament and all the books of the New Testament. Identifies prominent Bible people by the books in which their stories are recorded. Learns the Bible is God’s message about Himself and how He rescues and transforms us.

GRAB YOUR BIBLE AND OPEN TO THE BOOK OF Judges

Once again Israel sinned. They did not love and worship only God. God allowed Jabin, the king of Canaan, to rule over the people. The commander of Jabin’s army was named Sisera. Jabin had 900 iron chariots and he treated the Israelites badly for 20 years.

The Israelites called to God for help. At this time, Deborah was a prophetess and a judge in Israel. She would sit under a palm tree and the Israelites would come to her for help.

One day, Deborah sent for a man named Barak (BAY



Deborah and Barak

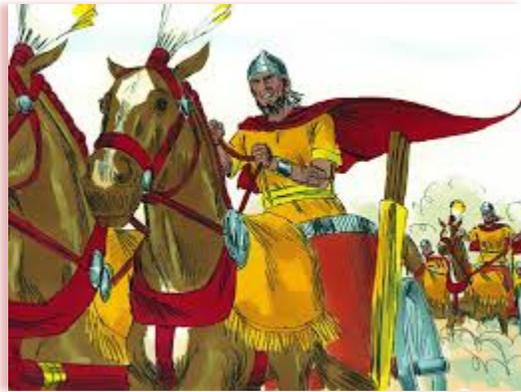
rak). Deborah asked Barak, "Didn't God tell you to take soldiers to Mount Tabor and defeat Sisera?"

Barak told Deborah that he would go if she would also go.

Deborah agreed, but she told him, "You will not receive the honor for the battle. A woman will defeat Sisera."

Barak gathered 10,000 soldiers. Barak and Deborah traveled with the soldiers to Mount Tabor. Sisera heard the news that Barak had done to Mount Tabor. He gathered all 900 iron chariots and all of his soldiers. Deborah told Barak to take his men and go to the battle.

Suddenly, God caused Sisera, all his chariots, and all of his soldiers to be confused. Sisera ran away from the battle. He traveled to the tent of a woman



named Jael. Jael welcomed Sisera into the tent. She offered him milk to drink and hid him under a rug. Sisera fell asleep and Jael killed him.

Barak had been chasing Sisera and arrived at the tent to find that Sisera was dead. God had delivered the Israelites from Jabin and his army. Eventually, the Israelites completely defeated Jabin.

Deborah and Barak sang a song of praise to God for all that He had done. "May those who love God be like the rising sun in its strength," they sang. There was peace for Israel for 40 years.

Memorize this Text Truth: *Good leaders trust and obey God's commands.*

Read Judges 4:4-5

- What do you learn about Deborah from these verses?

Read Judges 4:6-8

- What do you learn about Deborah from these verses?

Read Judges 4:9

- Note what Deborah says to Barak. "What women do you think received the honor for the victory?"

Read Judges 5:24

- Was Deborah right when she said that a woman would receive the honor for the battle? What woman was it?" (Jael)

Read Judges 5:2-3

- What do these verses tell us about these people and about God's view of leadership?

PRAYER

Prayer for The Church Pastoral Staff

Loving Heavenly Father, thank You for all the pastoral staff in our church family and for providing us with such a dedicated team of men and women, who work so hard in Your service. Lord I pray for each one, that they would keep You as the focus of their life and that they may be surrendered to You in thought word and deed.

Give each one godly wisdom day by day as they tackle their designated ministry work and keep them from adopting the actions and attitudes of the world, in order to accomplish Your work in this place.

Help them not to react to the urgent at the expense of acting on the important. Keep them from becoming weary of well-doing or discouraged in their various duties and may each one be kept from trying to accomplish tasks in their own strength and wisdom, but rather I pray that each one may learn to rest in Your love and to be open to Your voice.

Deborah and Barak

Lord, give each member of our pastoral staff a servant heart and a caring spirit for the whole body of Christ. May each one continues to grow in grace and show forth in their lives and homes a genuine love for those to whom they minister and a deep love for the Lord Jesus, in Whose name I pray,

Amen.

“Remember God IS with you always and He hears your prayers.”

If you have any prayer requests, please send them to cameronfamily10@gmail.com.

Remember to wash your hands, LAUGH, have a blessed week, watch or come to church Sunday morning, and remember

GOD LOVES YOU AND SO DO WE. *Elizabeth* and *Steve*